



SOUTHERN CROSS
CENTRAL LAKES HOSPITAL
QUEENSTOWN

Patient pre-admission checklist

Prior to admission

- Ensure all patient admission forms (including your **Patient Admission Form** and **Patient Health Questionnaire**) are completed and received by Southern Cross Central Lakes Hospital at least one week prior to your admission.
- Get pre-approval from your health insurance provider if required.
- Process any payments to Southern Cross Central Lakes Hospital required prior to admission.
- Follow the instructions given to you around fasting.
- Read and follow our **Essential Health Information** recommendations.

What to bring to hospital

- Any health insurance pre-approval letters.
- Your completed **Agreement to Treatment Form** and **Addendum Consent Form**.
- Any current documentation relating to your surgery such as your clinic letters, test results, x-rays or scans.
- All the medications you normally take in their original packaging (including herbal remedies and supplements).
- For children we recommend a favourite teddy or toy.

If you are staying overnight, please also bring

- Comfortable sleepwear, a dressing gown and slippers.
- Your personal toiletries.
- Reading material or other leisure activities.

We are happy to look after your personal items (such as glasses, hearing aids or dentures) but recommend that you leave other valuables and jewellery at home.

On the day of your admission

- Notify the hospital immediately if something happens that may delay your arrival at the hospital.
- Shower, wash your hair and remove any nail polish. Do not wear makeup, jewellery, lotions or moisturisers. Do not shave the surgical site.
- Wear warm clothes that are loose fitting and easy to put on.

At any time, please let us know if you have any questions, concerns, problems, or would like more information about your condition or treatment.